



MELODIC REMEDY

Studio Handbook

2019-2020

POLICIES & PROCEDURES

TUITION

- An annual non-refundable Enrollment Fee of \$25/per student (\$15 for each additional family member) must be paid at the time of registration.
- All tuition is debited from your credit card on file on the 1st of each month. Monthly tuition rates remain the same regardless of the amount of weeks in the month. Some months only have 3 weeks of classes, while other months have 5 weeks of classes.
- If you wish to opt out of Auto-Pay, you must fill out a “Drop Auto-Pay Form”, which is available on our website or in studio

LATE FEES

- If tuition is not paid by the 10th of the month, you will be charged a non-refundable \$15 late fee.
- If your balance has still not been paid by the 17th of each month, an additional \$10 monthly fee will be applied until your account balance is paid off.

REFUNDS, ACCOUNT CREDITS & REFUNDS

- There will be no refunds given for any dropped classes. A credit can be issued to your account if requested.
- Payments may be received online by credit card or in the form of credit card, cash or checks payable to Melodic Remedy Dance Studio. Any returned personal checks will be charged a fee of \$25, which is to be paid in cash form.
- A 10% discount will be applied to dancers who pay for their classes for the year in full. A 5% family discount will be applied to families who have two or more dancers taking Unlimited classes.
- There may be some mistakes made when it comes to your account and charges. We ask that you please understand this and come to us with any concerns or problems in a respectful manner. We will do our best to fix any issues there may be!

ARRIVAL, ATTENDANCE & MAKE UPS

- Any missed classes may be made up in another class of equal or lower level within 30 days of the missed class
- Dancers are not able to take a make up in a full class more than once in the same month.
- Please do not drop your child off more than 15 min before class time if they are in a 3:45 class. We do not not open until 3:30pm M - F.
- Please pick your child up within 10 mins of their class ending. Communicate with your child about what your pick up plan is and where they should wait for you.
- For the safety of your dancer, if you are more than 10 minutes late to class and have missed warmups, you may not be able to participate in class that day

CLASS CHANGES & WITHDRAWALS

- Classes with fewer than 6 students will be subject to possible cancellation.
- If you wish to drop a class, It is recommended you drop your student from their classes through your Online Parent Portal. You can also fill out a Drop Request Form and turn it into the front desk before the 1st of the following month to avoid being charged tuition for that class. We will not accept Class Drop requests through email or phone.
- Changing into a different level class can be done only through the joint authorization of the teacher whose class you are leaving and the teacher of the class you would like to join.
- All classes level I-B and above need teacher approval before joining.
- Should there be any cancellation or changes to your regularly scheduled class time, we will do everything possible to notify you via phone and email contact information that you have provided to us.

POLICIES & PROCEDURES

ONLINE PARENT PORTAL

The online Parent Portal is your studio hub! Make payments, enroll in classes, manage auto-pay, view student classes and schedules & more!

Sign in through our website by clicking on the "Parent/Dancer Login" button on our homepage

You can also visit this site, www.dancestudio-pro.com/online/melodicremedy

FRONT LOBBY & HOUSEKEEPING

- No child under the age of 8 should be left unattended for more than 10 minutes, unless they are waiting for their class to begin, or waiting to be picked up.
- PLEASE BE ON TIME TO PICK UP YOUR DANCER
- Please be aware and respectful of your surroundings! Inappropriate language, conversations, or behavior will not be tolerated.
- We strive to keep a clean and tidy dance studio not only to create an enjoyable atmosphere, but for the comfort off all dancers and parents. Please keep our reception area, dance studios, bathrooms, and hallways clean!
- NO food, drinks (water ok), or gum in the studios. If you make a mess, please clean it up!

SAFETY

- Dancing is physical exercise – you participate at your own risk and it is your responsibility to consult your physician to confirm your fitness capabilities before beginning any dance lessons. A doctors' note may be required to begin a class if you have special physical concerns, or to return to activity after an absence from class due to injury, illness, or during pregnancy. Always make your instructor aware of any physical limitations or concerns that you may have.
- No Acrobatics or tricks should be performed at any time without the supervision of an instructor!

ETIQUETTE & CONDUCT

- Cell phones are not allowed on the dance floor. Please make sure cell phones are turned to a non-disruptive ringing mode during class.
- If for any reason you need to leave the premises during a class, please notify your instructor before class starts.
- Videotaping of classes is not permitted unless cleared with the instructor beforehand. Videos are not to be posted to YouTube or any other social media site without clearance from Melodic Remedy and the rest of parties in the video.
- We are thrilled to meet the many diverse personalities that join our studio and truly believe that every individual's personality should be allowed to shine. That said, anyone who is expressing a difficult, overly negative, inappropriate or disruptive attitude will be dismissed from any class at any time at the teachers sole discretion. This includes parents.

CLASSES

JAZZ

A fun, high-energy dance form that develops technique, rhythm, and style while building strength, flexibility, and body awareness.

TAP

This is an audible art form in which dancers create sounds with their feet. This class will explore rhythm and timing while developing proper tap technique.

HIP HOP

This energetic and popular dance style involves the whole body and is all about self-expression. Hip hop tends to be less structured than other dance forms as it is more about explosive movement than traditional technique. Hip-Hop is constantly changing, and new styles are regularly incorporated into classes.

BALLET

The first standardized dance form, Ballet is the foundation of most other current dance forms. Students will develop grace, posture, body alignment, discipline, and artistry.

LYRICAL

This style of dance is best described as a fusion of ballet and jazz. Lyrical is danced to music with lyrics that express strong emotions which is shown through their dancing.

INTRO TO DANCE

A children's class which incorporates Ballet, Tap and Jazz. The jazz/ballet portion helps develop technique, strength, flexibility, coordination and motor skills and the tap portion helps with timing, rhythm, coordination and musicality. Students also play games that enhance cognitive and social development and learn classroom etiquette. These disciplines are the core of all other dance techniques and will jump start your child's journey into the world of dance as a discipline and an art.

MUSICAL THEATRE

Musical Theatre consists of jazz technique with acting to create a "Broadway" style of dance. This class has a great mix of fancy footwork and technique all while dancing to today's best showtunes. This is great for those involved in school and community theatre.

ACRO

Acrobatics teaches flexibility, balance, strength, control, discipline & concentration. Students will learn handstands, chin stands, elbow stands, cartwheels, back bends, walkovers, and balance, & contortion tricks. This class is great for students looking to enhance their flexibility, & strength.

STREET JAZZ

Street Jazz is a fusion of Hip Hop and Jazz. This style allows dancers to use their technique in a fun and edgy stylized way.

MODERN

A style of free and expressive theatrical dancing not bound by the classical rules of ballet. Modern dance places emphasis on exploring emotion and expressing personality through movement. Modern dance encourages dancers to use their emotions and moods to design their own steps and routines.

DANCE CONDITIONING

Dance Conditioning is an endurance and strength-training based workout. This class focuses on strengthening & toning important muscles, while improving flexibility and coordination to help advance your overall dance ability.

STRETCH & STRENGTHEN

This class is designed to improve a dancer's range of motion, enhance muscle flexibility and increase their level of core muscle strength. Through a variety of stretches and strengthening exercises, dancers will also increase their awareness of their own body's potential as it connects to expression through movement.

DRESS CODE

- **Intro to Dance/Mommy & Me/Princess Ballet/Creative movement:** These young dancers are welcome to wear the traditional leotard, skirt and tights. Dancers may also wear any outfit of their choice as long as they are able to move freely without distractions.
- **Jazz/Musical Theatre/Pop Hop:** Comfortable form fitting dancewear. Tank tops, form fitting tops, leotards, spandex dance pants, shorts etc. Black or Tan Jazz shoes must be worn. Hair must be pulled back off the face in a ponytail. If hair is too short for a pony then it may be worn half up, half down.
- **Acro/Flip Hop:** Comfortable form fitting dance wear. Tank tops, form fitting tops, leotards, spandex dance pants, shorts. Hair must be worn up.
- **Tap:** Comfortable activewear. No jeans allowed. Black or tan tap shoes must be worn.
- **Ballet:** Black leotard, Pink tights, Ballet Belt, Ballet slippers. Hair must be worn in a bun.
- **Hip Hop:** Comfortable, loose clothing you can move in. Hip Hop Sneakers or tennis shoes must be worn. Hats are allowed in this class.
- **Contemporary/Modern/Lyrical:** Comfortable form fitting dancewear. Tank tops, form fitting tops, leotards, leggings, shorts etc. Half Soles must be worn. Hair must be pulled back off the face. If hair is too short for a ponytail then it may be worn half up/down

CLASS LEVELS

Our classes & levels are developed for dancers seeking a progressive curriculum. Instructor approval is needed to take classes that go beyond a I-A Level. Placement is based on the dancer’s ability to retain and execute the required skills for each level. A student's ability to progress through each level successfully is based on attendance, skill execution, and technical improvement. Remember, every student progresses at a different pace!

LEVEL I-A

0-1 years training / No experience necessary

LEVEL I-B

1-3 years of dance training *approval needed*

LEVEL II-A

2-4 years of dance training *approval needed*

LEVEL II-B

4+ years of dance training *approval needed*

LEVEL III - IV

5+ years of dance training *approval needed*

DANCE PROGRAMS

Our tracks are designed for all of our students needs. Whether they are dancing as a fun after school activity or eventually want to dance professionally. We have a place for each dancer within our track system.

RECREATIONAL PROGRAM

Designed for students looking for a fun after school activity while also learning the fundamentals of the dance style.

NO REQUIREMENTS OR EXTRA COSTS FOR THIS PROGRAM

PRE-COMPANY PROGRAM

Designed for dancers interested in progressing their dance training and eventually transitioning to the company track in the future. Students must be consistent with their attendance and must attend makeup classes when they miss. These students will receive an invite to attend LADM dance convention** in January with our company dancers.

REQUIRED CLASSES
4 + classes per week

REQUIRED STYLES
Jazz, Ballet,
Pre-Company Technique

EXTRA COST
\$25 per month
(in addition to tuition)

COMPANY PROGRAM

Designed for our competitive dancers and dancers looking for pre-professional training. Placement on the Company Track requires evaluation and audition during our August competition audition week. Company Classes are offered at a separate studio. Company students are eligible to take at both studios and are invited to all dance conventions** attended by the competitive teams. Students must be consistent with their attendance. Must attend at least 1 dance convention**. Company members will participate in a Winter Show in December and Spring Show in June.

REQUIRED CLASSES
4 + classes per week

REQUIRED STYLES
Jazz, Ballet,
Company Technique

EXTRA COST
\$25 per month
(in addition to tuition)

COMPETITION TEAMS

We offer competition teams in a variety of levels and styles. Competition allows our dancers an accelerated training program and additional performance opportunities as an outlet for their creative talents. Melodic Remedy's Competition Team allows our dancers to take their studio training to the next level; learning to perform for an audience while being judged on their technique and artistic expression. The experience develops self-confidence and teaches the importance of discipline, teamwork, and commitment. Dancers must audition in order to be placed in our competitive program. All competition dancers are automatically eligible for Company classes. Each team member will have required classes they must take in order to keep their place on the team. **AUDITIONS ARE HELD ONCE A YEAR, TYPICALLY IN AUGUST. WE DO NOT OFFER MID-SEASON AUDITIONS**

VISIT OUR WEBSITE FOR ADDITIONAL INFORMATION
WWW.MELODICREMEDY.COM

Check out our [YOUTUBE channel](#) to watch some of our past competition season dancers!



PERFORMANCES

2019 COMPANY WINTER SHOW

December 19th & 20th, 2019

A sneak peak into our 2019-2020 Company Dancers and Competition Team routines!

2020 JUNE SHOWCASE

June 11th, June 12th, June 13th, June 14th
June 18th, June 19th, June 20th

We put on an annual end of the year June Showcase for all of MR's Spring Season dancers! This show is optional for all students. Shows are split up based on age and will be scheduled amongst the dates above. Show days & times TBA

SUMMER PROGRAM

Beginner - Intermediate Level

DATES
TBA

Beginner - Advanced Levels

SUMMER DANCE CAMPS

Camps consist of 4-5 Dance classes a day in different styles of dance including: Tap, Jazz, Ballet, Hip Hop, Lyrical, Musical Theatre, Acro. Our camps are designed for the Beginning - Intermediate dancer looking for a more fun and relaxed dance experience!

SUMMER DANCE INTENSIVES

These dance intensives will consist of multiple classes a day focused on different styles of dance including: Jazz, Ballet, Tap, Hip Hop, Contemporary Lyrical, Musical Theatre, Acro, & technique classes. These intensives are designed for the dancer looking to gain further dance training in these styles in a more serious atmosphere.

MONTHLY TUITION

All tuition is debited from your credit card on file on the 1st of each month. If you wish to opt out of Auto-Pay, you must submit a form to the Front Desk.

Single Drop In	\$20
1 Class a week	\$68/mo
2 Classes a week	\$128/mo
3 Classes a week	\$180/mo
4 Classes a week	\$225/mo
5 Classes a week	\$260/mo
6 Classes a week	\$288/mo
7 Classes a week.....	\$308/mo
8 Classes a week.....	\$320/mo
9 Classes a week.....	\$342/mo
Unlimited (10+ per wk).....	\$375/mo

IMPORTANT DATES

Tues 9/3/19 - Start of Fall classes

Thurs 10/31/19 - Studio Closed (Halloween Closure)

Mon 11/25 - Sun 12/1/19 -Studio Closed (Thanksgiving Break)

Thurs 12/19 & Fri 12/20/19 - Company Winter Show

Sun 12/22/19- Sun 1/5/20 - Studio Closed (Winter Break)

Mon 1/6/20 - Spring Classes start

Sun 3/29 - Sun 4/5/20 - Studio Closed (Spring Break)

Fri 5/22 - Mon 5/25/20 - Studio Closed (Memorial Day Weekend)

Sat 6/6/20 - Last day of classes

Mon 6/8/20 - Start of Showcase Week

6/22-6/28/20 - Studio Closed (After Show Closure)

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